



# Baviaanskloof Trail Run



## 10<sup>th</sup> #RunWithLegends

### ENTRY FORM

Race Date: **8 September 2018**

Closing Date for this Entry: **12h00 on Saturday 19 August 2018**

Name \_\_\_\_\_

ID Number  Age on Race Day  Gender

Provide Date of Birth if Passport Number used above  No of Baviaanskloof Runs completed

Team or Club \_\_\_\_\_ Nationality \_\_\_\_\_

Email \_\_\_\_\_

Town/City where you live \_\_\_\_\_

Mobile  Work

Indicate if you **are** Diabetic  **or** Asthmatic  Medical Aid name & number \_\_\_\_\_

Indicate any allergies \_\_\_\_\_

Indicate any medication you are taking \_\_\_\_\_

Emergency contact details of someone **not** participating in the event : Name \_\_\_\_\_

Contact Number  and relationship \_\_\_\_\_

Shirt size (mark the size you prefer) 

S	M	L	XL	XXL	XXXL
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I .....(print full name) confirm having read and fully understand the Baviaanskloof Trail Run Rules, General Information & Guidelines.

**Enquiries - Evie Raubenheimer**  
**Telephone 041 581 6307**  
**Fax 086 661 7686**  
**Email [evie@baviaansrun.za.net](mailto:evie@baviaansrun.za.net)**  
**[www.baviaansrun.za.net](http://www.baviaansrun.za.net)**

\_\_\_\_\_  
SIGNATURE OF ENTRANT

#### SUMMARY of R U L E S

- Race officials, marshals and event crew must be obeyed at all times. Failure to comply with their instructions may lead to an immediate disqualification.
- All entrants must be over 18 years of age on the day of the race.
- Event instructions, as set out in pre-race instructions and outlined during any pre-race briefing, form part of the official rules and must be adhered to.
- Race identification must be visible at all times.

# Baviaanskloof Trail Run

Hosted by



## ENTRY PROCESS, RULES & GENERAL INFORMATION

Please follow the entry process

### 1. Registration Process - Closing Date 12h00 Saturday 19 August 2018

- Complete Entry Form (above)
- Race Fee

Deposit the **Total Race Fee of R1100-00** into the Baviaanskloof Trail Run bank account.

The Race Fee is made up as follows-

Entry Fee                      – R 700-00, and  
Conservation Fee            – R 400-00

### NO CASH or CHEQUE DEPOSITS

First National Bank  
Baviaanskloof Trail Run  
Current Account No 6222 160 4673  
Walmer Branch code 21 12 17

**Reference: Your NAME and SURNAME**

- Email or fax completed Entry Form **and** proof of deposit to [evie@baviaansrun.za.net](mailto:evie@baviaansrun.za.net) or 086 661 7686
- An entry will only be processed when both the completed entry form **and** proof of deposit of the Race Fee are received

### 2. Limited Run Slots

- There are 100 run slots available.
- If an entrant completes the Registration process after all available race slots have been filled then the entrant will be placed on the Reserve List. Should an entrant on the Reserve List not be allocated a run slot by 19 August 2018 then the full Race Fee will be refunded.
- The entrant will have the option to donate the full Race Fee as a Conservation Fee, in which case it will be allocated to the benefit of the Eastern Cape Parks & Tourism Agency in the Baviaanskloof.

### 3. Refund of Entry Fee

- If a runner who has entered and paid the full Race Fee is subsequently unable to run, part of the Race Fee may be refunded.
- Provided the organizers are notified by the runner via email before 12h00 on Saturday 19 August 2018 then the organizers will refund R550-00 of the Entry Fee. The full Conservation Fee will be allocated to the benefit of the Eastern Cape Parks & Tourism Agency in the Baviaanskloof.

### 4. Substitutions

- There are no substitutions.
- Should an entrant withdraw before 19 August 2018 once all run slots have been filled, then the vacant run slot so created will be allocated to the next person on the Reserve List. The Entry Fee will be refunded as set out in (3) above.

## 5. Event Officials

- Race officials and event volunteer crew must be obeyed at all times. Failure to comply with their instructions may lead to an immediate disqualification.
- Event instructions, as set out in pre-race instructions and outlined during any pre-race briefing, form part of the official rules and must be adhered to.

## 6. Disclaimer

The entrant will acknowledge the following by signing the Entry Form

I and my family and or beneficiaries are aware and fully understand that this is an extreme event that is potentially hazardous and that I should not enter and participate unless I am medically able and properly trained. I understand that it is my responsibility to be medically fit to run, and I declare that I am physically fit and sufficiently trained to participate and assume all risks associated with participating in this event, including but not limited to falls. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur. I and my family and or beneficiaries do hereby release and discharge the Baviaanskloof Trail Run, the organiser, any and all sponsors, volunteers, landowners, any local or government authorities from any claim, damage or property loss that I may suffer arising from my participation in this event. I accept ALL rules and regulations.

I acknowledge that any form of abuse, verbal or otherwise, on my part towards any volunteer crew, sponsor, race official, spectator or anyone involved with the event could result in my disqualification and not being invited to future events.

## 7. Image Use

The entrant will acknowledge the following by signing the Entry Form

- I grant my permission to use my name, race information and any photographs, video tapes, motion pictures, website images, recordings, broadcasts and telecasts or any other record of this event in which I may appear, free of charge.

## 8. Start & Finish

The race starts and finishes from Geelhoutbos in the Baviaanskloof Nature Reserve. The start is at 07h00 and all runners completing the course within **7 hours** will qualify as finishers. The cut-off time at the Ridge Check Point is **4½ hours**. Runners may not leave the Check Point after the cut-off and must abandon the race.

## 9. Route and Mandatory Equipment

The route is approximately 40km but the organisers may at any stage, at their discretion, shorten or change the route should conditions threaten the safety of the runners. There will be no refund of Race Fee should there be any route change or race cancellation. The race is not recommended for unfit runners or for those who are not prepared to cover rough terrain.

**You must provide your own emergency survival blanket, a safety whistle and a durable drinking cup which you are required to carry with you for the duration of the run.** A kit check may take place and participants without any of these items will receive a 60 minute time penalty. The time penalty will be served there and then. You will only proceed when the time penalty has been completed. Should the time penalty be completed after the cut-off then you may not proceed and must abandon the race.

Race identification must be visible at all times.

## 10. Preservation of the Environment

The route passes through a World Heritage Site and wilderness area and it is imperative that the environment be preserved. Receptacles will be provided at the feeding station for debris. **Any runner littering the route will be disqualified** and barred from future events.

## 11. Pre-Race Procedure

Pre-race instructions will be emailed to entrants during August. Pre-race registration is mandatory and takes place at the Start from 06h00 to 06h45 on 8 September 2018.

**\*\*\* NB Original Identity documents must be produced. \*\*\***

Enquiries **Evie Raubenheimer**

Phone **041 581 6307** ~ Fax **086 661 7686** ~ Email **evie@baviaansrun.za.net** ~ **www.baviaansrun.za.net** ~ **@BaviaansRun**